#### **BARBERING 1 and 2**

COURSE CODES: 6158, 6159

**DESCRIPTION:** The Master Hair Care Specialist Program is designed to prepare students to become Registered Barbers or Master Hair Care Specialists. Students will perform techniques and arts such as hair cutting and styling, facial treatments, trimming and shaving of facial hair, chemical hair relaxing, tinting, coloring, shampooing, and rinsing. On completion of the 1500 course hours, students will be eligible to take the state board exam to receive licensure.

**OBJECTIVE:** Given the necessary equipment, supplies, and facilities, students will be able to successfully complete all of the core standards.

**CREDIT:** Barbering 1 (2-3 units) and Barbering 2 (2-3 units)

**RECOMMENDED GRADE LEVELS: 11-12** 

#### **RESOURCES:**

#### www.mvsctextbooks.com

Maura Scali-Sheahan, <u>Milady's Standard Professional Barbering</u>, Thomson Delmar Learning Textbook, Workbook, State Exam Review, and Student CD ROM ISBN: 1-40187395-2, 1-40187399-5, 1-40187396-0, 1-40187404-5, 1-40187404-9

#### A. ORIENTATION TO BARBERING

#### **History of Barbering**

1. Understand the history of barbering.

## **Professional Image**

- 2. Discuss professional image.
- 3. List the guidelines to maintaining personal and professional health.
- 4. Identify proper hygiene of hair, nails, and skin.
- 5. Demonstrate proper hygiene of hair, nails, and skin.
- 6. Demonstrate proper posture.
- 7. Identify professional ethical conduct and attitude.
- 8. Demonstrate professional ethical conduct and attitude.

## B. THE SCIENCE OF BARBERING

- 1. Define bacteriology.
- 2. Identify the different types of bacteria.
- 3. Identify proper sterilization and sanitation methods.
- 4. Demonstrate the proper sterilization and sanitation methods.

#### **Implements**

- 5. Identify the principal tools and implements used in the practice of barbering.
- 6. Identify the parts of shears, clippers, and razors.
- 7. Demonstrate the correct techniques for holding combs, shears, clippers, and razors.
- 8. Demonstrate honing and stropping techniques.

# **Anatomy and Physiology**

- 9. Explain the importance of anatomy and physiology to the barbering profession.
- 10. Describe the structure and reproduction of cells.
- 11. Describe the structure of the skull and its relationship to barbering.
- 12. Identify important muscles of the head, face, and neck that relate to barbering services.

#### **Chemistry**

- 13. Define organic and inorganic chemistry.
- 14. Define pH.
- 15. Explain the pH scale.
- 16. Recognize different formulations such as emulsions, suspensions, and solutions.

# **Electricity and Light Therapy**

- 17. Identify common electrical terms.
- 18. Discuss electrical safety devices.
- 19. Recognize electrical safety devices.
- 20. Identify visible and invisible light rays.
- 21. Explain the effects of ultraviolet and infrared rays.

## Properties and Disorders of the Skin

- 22. Describe the structure and divisions of the skin.
- 23. List the function of the skin.
- 24. Identify skin disorders.
- 25. Recognize skin disorders.
- 26. Name the structures of the skin.
- 27. Describe the structures of the skin.

## **Properties and Disorders of the Hair and Scalp**

- 28. List three layers of the hair shaft.
- 29. Describe three layers of the hair shaft.
- 30. Describe the structure of hair protein.
- 31. Describe the growth process of hair.
- 32. Identify different types of hair loss.
- 33. Identify common scalp disorders.
- 34. Identify common hair disorders.

## C. PROFESSIONAL BARBERING

#### Treatment of the Hair and Scalp

- 1. Identify services associated with the treatment of the hair and scalp.
- 2. Discuss pH factor as it relates to hair care products.
- 3. Identify different types of shampoos, conditioners, rinses, and tonics.
- 4. Demonstrate proper draping procedures for hair services.
- 5. Demonstrate the shampoo service.
- 6. Demonstrate scalp massage techniques and treatments.

# **Men's Facial Massage and Treatments**

- 7. Describe the benefits of facial massage and treatments.
- 8. Discuss the location and stimulation of muscles.
- 9. Discuss the location and stimulation of nerves.
- 10. Describe the benefits of massage.
- 11. Identify massage manipulations.
- 12. Demonstrate massage manipulations.
- 13. Demonstrate the use of facial treatment equipment.
- 14. Identify the products used in facial treatments.
- 15. Identify skin types and appropriate facial treatments and products.

# **Shaving and Facial Hair Design**

- 16. Discuss general sanitation and safety precautions of shaving.
- 17. Demonstrate the ability to perform standard cutting positions and strokes with a straight razor.
- 18. Identify the 14 shaving areas of the face.
- 19. Demonstrate a facial shave.
- 20. Demonstrate a neck shave.
- 21. Demonstrate a beard and mustache trim.

# Men's Haircutting and Styling

- 22. Discuss the art and science of men's haircutting and styling.
- 23. Discuss the principles of facial shapes and profiles.
- 24. Identify the name of the sections of the head as applied to haircutting.
- 25. List the fundamental terms used in haircutting.
- 26. Define the fundamental terms used in haircutting.
- 27. Demonstrate the performance of the following: finger-and-shear, shear-over-comb, clipper cutting, clipper-over-comb, and razor cutting.
- 28. Demonstrate the performance of shaving the outline areas.
- 29. Discuss the reasons why men may purchase hairpieces.
- 30. Identify the types of hair used in hairpiece construction.
- 31. Demonstrate how to measure a client for a hairpiece.

#### D. ADVANCED BARBERING SERVICES

## Women's Haircutting and Styling

- 1. Demonstrate mastery of texturizing techniques.
- 2. Perform basic wet styling techniques.
- 3. Perform blow-dry styling techniques.
- 4. Perform thermal curling and straightening techniques.

#### **Chemical Texture Services**

- 5. Explain the effects of chemical texture on the hair.
- 6. Perform a permanent wave service.
- 7. Perform a reformation curl service.
- 8. Perform hair relaxing service.

#### Hair Coloring and Lightening

- 9. Discuss the principles of color theory and relate their importance to hair coloring.
- 10. Relate the importance of color theory to hair coloring.
- 11. Identify the classifications of hair color products.
- 12. Explain the actions of hair color products on the hair.
- 13. Explain the action of lighteners on the hair.
- 14. Identify the products used in hair coloring and lightening.
- 15. Demonstrate the correct procedures for applying hair color and lighteners.
- 16. Identify products used to color facial hair.
- 17. Discuss safety precautions used in hair coloring and lightening.

## **Nails and Manicuring**

- 18. Identify the composition of the nail.
- 19. Identify nail irregularities and diseases.
- 20. Describe nail irregularities and diseases.
- 21. Demonstrate proper use of manicuring implements, equipment, and products.
- 22. Recognize the five general shapes of nails.
- 23. Demonstrate male and female manicure and hand massage procedures.

#### **Barbershop Management**

- 24. Discuss booth rental and self employment.
- 25. Understand the functions of a barbershop owner or manager.
- 26. List the factors associated with setting up a barbershop.
- 27. Identify types of business ownership.
- 28. Discuss the features of a business plan.
- 29. Design a floor plan.
- 30. Discuss different types of advertising.
- 31. Identify the types of records that barbershop owners must maintain.
- 32. Demonstrate appropriate telephone techniques.
- 33. Demonstrate services and retail products sales techniques.

## Job Search

- 34. Discuss industry positions available for barbering students.
- 35. Explain the guidelines of goal setting.
- 36. List and discuss personal characteristics important to employment.
- 37. Compare three common wage structures.
- 38. Compose a resume.
- 39. Prepare a career portfolio.

# **State Board Preparation and Licensing Laws**

- 40. Discuss methods of preparing for state board examination.
- 41. Identify the primary objectives of state barber board rules and regulations.
- 42. Discuss the South Carolina State Board rules and regulations.
- 43. Identify the examination expectations as described in Candidate Information Bulletin from SC Department of Labor, Licensing, and Regulation.